

The Friends of Lapham Peak Proudly Present the

Lapham Peak Junior Nordic Ski Series

7 Wednesday Night Events* January 4th, 2017 through February 15th, 2017

Location: Lapham Peak State Park on Hwy. C in Delafield, WI, less than 1 mile south of I-94. Registration takes place in the Evergreen Shelter located adjacent to the lower parking area, near the race start and finish area.

Course: The distance course consists of one (1) lap around the lighted ski trail, a 4.0 km (2.5 mi) rolling trail, for grades 9-12. A 3.0 km (1.9 mi) inner-lighted ski trail avoiding the two big hills will be used for grades 7-8. Sprint races of shorter distances on the man-made snow loop may also be scheduled. Race course and technique will be announced on race night, or feel free to contact Mary Eloranta at 262-352-7411. Several smaller loops will be used for grades K-6.

Technique: The race series consists of alternating freestyle and classical technique races every week depending on snow conditions. Freestyle technique will be allowed on classical technique nights but will not count toward race placement awards. Any technique may be used for the K-6th grade division races.

Classes: Students from Kindergarten thru grade 12 can participate. Boys and girls divisions for grades 7-8 and 9-12 are offered. K-6th grade beginner and advance divisions will also be offered. Awards will be presented to the winners of each division.

Time: K-6th grade divisions at 6:45 pm. High school Boys and Girls divisions at 7:00 pm; Middle school divisions follow. Please be registered and ready to ski 10 minutes prior to race start.

Fee: Single race night entry fee of \$5 is available on a week-to-week basis. On-site registration and bib distribution **begins at 6:15 pm and closes 10 minutes prior to each race start.** Race bibs are collected nightly after race conclusion.

For further information, please contact Paul Keber at 262-547-4827 or the Friends of Lapham Peak web site Trails - Skiing page at www.laphampeakfriends.org. For information pertaining to Wednesday Night Adult Series, please contact Kris Maki at 262-965-2636. For ski conditions at Lapham Peak, contact the Lapham Peak Trail Hotline at 262-646-4421 or the Friends of Lapham Peak web site Trails - Ski Trail Conditions page.

----- ENTRY FORM -----

This entry form only needs to be filled out once per race season. It can be turned in at your first race. (Print VERY CLEARLY)

LAST NAME: _____ **FIRST NAME:** _____

HOME ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____ **PHONE:** _____

AGE: _____ **MALE / FEMALE** _____ **GRADE:** _____ **SCHOOL OR TEAM NAME :** _____
(as of 1/4/17) (Please circle) (6-12) (High/Middle/Grade)

DIVISION (Please circle): **K-6TH BEGINNER** **K-6TH ADVANCED** **7-8 MIDDLE SCHOOL** **9-12 HIGH SCHOOL**

RACE WAIVER: If you do not accept fully the following conditions, do not participate in these events. I, the undersigned, know that Nordic skiing is an action sport carrying significant risk of personal injury. I know that there are natural and man-made obstacles or hazards, surface and environmental conditions, and risks that, in combination with my actions, can cause me severe or fatal injury. I hereby waive and forfeit all rights I, my heirs, successors, or assigns have to file suit or make any claims against the sponsors, volunteers, or organizers of these events, including the Friends of Lapham Peak and the State of Wisconsin Department of Natural Resources, its employees, arms or agents, for injuries occurring in the course of, or in any way relating to these events. I recognize that by signing this document I am providing complete defense to any suit or claim brought against the organizers, sponsors, volunteers, Friends of Lapham Peak and the State of Wisconsin Department of Natural Resources and its employees, due to any incident related to these events.

SIGNATURE:

DATE:

(Parent or Guardian if under 18 years of age)

Send Entry Form to: **JUNIOR NORDIC SKI SERIES**
Paul Keber
2000 Cobblestone Ct.
Waukesha, WI 53188

Make Checks Payable to: **FRIENDS OF LAPHAM PEAK**